

IMPORTANT FACTS:

- ❖ **GPMP** = GP Management Plan.
- ❖ **TCA** = Team Care Arrangement.
- ❖ Your **DOCTOR** will decide if you are eligible for a GPMP or TCA prior to preparing your plan.
- ❖ Medicare Australia has set restrictions on who can and can't have a GPMP or TCA.
- ❖ **Not everyone with a chronic condition will be eligible.** Please speak to your doctor to find out if you qualify for a GPMP or TCA during your next consultation.
- ❖ Patients with a TCA can access a total of five (5) discounted or bulk billed, Private Health Care Professional services per calendar year.
- ❖ Only services provided by Private Health Care Professionals can be claimed.
- ❖ Health Care Services provided by Community Health Centres and Public Hospitals are not eligible for rebates from Medicare Australia. A small fee in these instances usually applies. Public Health Providers can still be included as part of your TCA.
- ❖ Health Care Services for patients with a TCA are not free, a rebate from Medicare applies.



GP MANAGEMENT PLANS AND TEAM CARE ARRANGEMENTS

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TEAM CARE ARRANGEMENTS (TCA)

GP MANAGEMENT PLANS (GPMP)

WHAT IS A GP MANAGEMENT PLAN?

A GPMP involves your Doctor developing a written plan to manage your health care needs in consultation with you. This written information will help you and your health care professionals better manage your complex health care needs.

WHY SHOULD I HAVE A GP MANAGEMENT PLAN?

A GPMP is important for you, your Doctor and other Health Care Professional gain a better understanding of your health care needs. The plan will coordinate your care more effectively. A GPMP ensures that everyone involved in your care is informed, up to date and working together to help manage your condition.

WHO IS ELIGIBLE FOR A GP MANAGEMENT PLAN?

Patients with a chronic or terminal condition that has been present, or are likely to be present for six (6) months or longer may be eligible. For example: Diabetes, Asthma, Arthritis, Heart Disease and Cancer.

Your Doctor will decide if you are eligible or not for a GPMP.

WHAT HAPPENS IF I AM ELIGIBLE?

Together you and your Doctor during a long consultation you will decide:

- ❖ **What your health problems and needs are?**
- ❖ **What goals you would like to be included in the plan?**
- ❖ **What, if any, other health care needs or services you require?**

When preparing the plan your Doctor will consider your physical, psychological and social needs. If routine blood tests are necessary these may need to be done before your consultation. You may wish to have a family member or your regular carer present during this consultation.

HOW OFTEN SHOULD THIS BE DONE?

GPMP's can be done once a year, but it is recommended once every two (2) years.

It is important to have your GPMP reviewed periodically, especially if you have any significant changes in your condition or health care needs. You and your Doctor will decide when your GPMP should next be reviewed.

WHAT IS A TEAM CARE ARRANGEMENT?

After preparing your GPMP your Doctor, with your consent, may want to ask relevant Health Care Professionals to form a team, to work together to provide you with care based on a Plan your Doctor develops for you. A TCA involves at least two other Health Care Professionals who will consent to provide ongoing care to you.

HEALTH CARE PROFESSIONALS WHO MAY BE ASKED TO BE PART OF YOUR TCA

Private Providers MAY include:

- ◇ Aboriginal Health Workers
- ◇ Audiologist
- ◇ Chiropractor
- ◇ Diabetes Educator
- ◇ Chiropodist
- ◇ Podiatrist
- ◇ Exercise Physiologist
- ◇ Osteopath
- ◇ Psychologist
- ◇ Mental Health Worker
- ◇ Dietician
- ◇ Physiotherapist
- ◇ Speech Pathologist
- ◇ Occupational Therapist

Remember: Only "Private" professionals can be nominated by your Doctor to provide you with discounted or bulk billed services as part of a TCA.

HOW OFTEN CAN A TCA BE DONE?

TCA's can be prepared once a year but is recommended once every two (2) years.

It is important to have your TCA reviewed periodically, especially if you have any significant changes in your condition or health care needs. You and your Doctor will decide when your TCA should next be reviewed.

ARE THERE ANY MEDICARE REBATES?

Patients with a completed GPMP and TCA are eligible for five (5) Medicare rebates per year, for services provided by Private Health Care Professionals. The Health Care Professional must be registered with Medicare Australia before Medicare will rebate the service. Medicare also must approve the GPMP/TCA billing made by your Doctor before you can claim your rebate from the Health Care Professional.

Remember: Not all Private Health Care Professionals will bulk bill.

IF YOU HAVE ANY FURTHER ENQUIRES ABOUT THIS SERVICE OR YOUR ELIGIBILITY, PLEASE SPEAK TO YOUR DOCTOR DURING YOUR NEXT CONSULTATION.